

2nd Grade Hoops Rules

Skills to Introduce and Emphasize:

- Dribbling (right-handed, and left-handed; “trying” not to look at the ball; and protecting the dribble)
- Ball Handling
- Pivoting
- Set Shot & Lay-Up
- Defensive Position (hands up)
- Zone Defense
- Rebounding
- Proper Passing (for safety reasons, please avoid baseball passes)
- Teamwork
- Good Sportsmanship (example: cheer for your team; not against the other team)

Hoop Height	<ul style="list-style-type: none"> • 8 feet
Ball Size	<ul style="list-style-type: none"> • CB 6/Youth
Court Size	<ul style="list-style-type: none"> • Half-court
Length of Game	<ul style="list-style-type: none"> • (4) – 10 minute periods with running clock • 5 minute halftime • 2 minutes between periods • Basket assignment does not change
Score	<ul style="list-style-type: none"> • Score will not be kept.
No. of Players on the Court	<ul style="list-style-type: none"> • 4 vs 4 or 5 vs. 5 depending on the mutual agreement of the coaches. If two coaches don't agree it is 4 vs 4.
Referees	<ul style="list-style-type: none"> • Coaches from the teams will act as the game referee. One coach will act as the referee for one half, and a coach from the opposing team will referee for the second half.
No. of Coaches on the Bench	<ul style="list-style-type: none"> • 1 – 2 coaches. • Provide play guidance. • Keep order on the bench. • Monitor players' game time for equity. • Handle player substitutions.
Game Participation/Playing Time	<ul style="list-style-type: none"> • All children should have equal playing time.

	<ul style="list-style-type: none"> • Strong and weak players should be mixed. • Starting teams should be tracked and should be rotated. • Children should have an opportunity to play all positions. • All children should get a chance to bring the ball up the court for offense each game. • Passing and teamwork should be encouraged, and coaches should ensure that each child has passes thrown their way. • Coaches should correct any “ball hogging”.
Start of Game	<ul style="list-style-type: none"> • Jump ball in center of court. • For other quarter starts, alternate possession of the ball.
Offense	<ul style="list-style-type: none"> • The team on offense will bring the ball down the court unchallenged. • Once the offensive team has reached the basket area, they should pass the ball at least 2 – 3 times before a player takes a shot.
Defense	<ul style="list-style-type: none"> • Type - Each team will play zone defense, and there will be no defensive pressing. • Stealing the Ball – The defense cannot steal the ball during the dribble. However, they can steal a pass after the ball crosses half court. • Once the ball is shot, all defensive players should try for the rebound. • Once a defensive player gains control of the ball from a rebound or stolen pass, they should pass it out to another player. The team now on defense should go down court to their defensive positions. • There are no “fast breaks”.
Violations	<ul style="list-style-type: none"> • Double-Dribbling, Traveling, and Fouls – For the first four games, play should not be stopped for minor violations. The on-court referee should comment as it occurs to instruct all players about the violation. For gross

	<p>violations, play should be stopped, and the referee should explain the violation. With the fifth game, play should be stopped for each violation, and the violation should be explained. Possession of the ball will be transferred at mid-court.</p> <ul style="list-style-type: none"> • Foul Shots – No foul shots are taken. The team that got fouled throws in the ball at mid-court to allow both offensive and defensive teams to set up.
Out-of-Bounds	<ul style="list-style-type: none"> • Possession will transfer from the team which last touched the ball or stepped out of bounds to the opposing team. • The team gaining possession will throw in the ball where the ball went out of bounds.
Jump Balls	<ul style="list-style-type: none"> • There will be no jump balls after the start of the game. • Possession of the ball should alternate with each jump ball situation.
Player Substitution	<ul style="list-style-type: none"> • Player substitutions should be limited to mid-quarter, and between quarters. • Players may be substituted by the defensive team during transition from offense to defense. The players should go to the defensive side of the court, and the offensive team brings the ball down court.
End of Game	<ul style="list-style-type: none"> • Players and coaches must line up after the game for a handshake.