

# Parish Athletics

## 2009 Simplified Soccer Rules

### Pre-K Divisions

1) **Ball Size:** 3.

2) **Player's Equipment**

- *Shirt:* Team game shirt
- *Footwear:* Tennis shoes or soft-cleat soccer shoes.
- *Shin guards:* Required

3) **Players on Field**

- *Number of plays per team on the field at one time:* 4. or 5 (coaches agreed before the game; depends on how many kids per team show up).

4) **Referees**

- One coach from each team (**only two coaches on the field at one time**).

5) **Duration of practice / game**

- Practice for 15-35 minutes.
- Game shall be divided into four 6 to 8 minute periods with a short halftime.
- Practice/Game must end within an hour of scheduled start time; ex. starts 9 AM and ends 10 AM.

6) **Kick-off**

- Opponents must be lined up 12 yards (outside center circle if provided) away from the ball on their own side of the field.
- A goal can not be scored during the initial kick.

7) **Ball in/out of play**

- ***Out of bounds:* Coaches do not kick ball back in bounds when it goes out!**

- *Out of bounds on the side:* Throw in from where the ball went out.
- *Out of defense's end line, last touched by offense:* Goal kick with defense at half field.
- *Out of defense's end line, last touched by defense:* corner kick with defense at least 12 yards away from ball during kick.

#### 8) Throw-ins

- A second throw-in should be allowed if the first throw was not done correctly and after the coach/referee explains the correct way to throw-in.

#### 9) Goal Kicks

- Opponents must stand back at the half field.

#### 10) Free Kicks:

- A goal cannot be scored from indirect kick until a second player touches the ball.
- Kicks can not be taken inside the goalie box.

#### 11) Penalty Kicks

- No penalty kicks

#### 12) Fouls:

- All fouls should result with an indirect free kick with the opponents at least 12 yards away.
- Kicks can not be taken inside the half circle in front of goal.

#### 13) Substituting

- **Only sub in/out after an out-of-bound, a goal kick, a score, or pre-determined time frame (every 5 minutes, etc.)**

#### 14) No Goalies

- Both offensive and defensive players can not enter the half the circle in front of the goal.
- **Do not set a player in front of the goal. Defense must move up and down the field as the ball is moved up and down the field.**

## Kindergarten Division

### 1) Ball Size: 3.

### 2) Player's Equipment

- *Footwear:* Tennis shoes or soft cleat soccer shoes.
- *Shin guards:* Required

### 3) Players on Field

- *Number of plays per team on the field at one time:* 4 or 5 (coaches agreed before the game depends on how many kids per team.)

### 4) Referees

- One coach from each team (maximum two coaches on the field at one time).

### 5) Duration of game

- The game shall be divided into four 10-12 minute periods with a short halftime and at least a 2 minute break between periods.
- Game must end within an hour of scheduled start time; ex. start 9 AM and ends 10AM.

### 6) Kick-off

- Opponents must be lined up 12 yards (outside center circle if provided) away from the ball on their own side of the field.
- A goal can not be scored during the initial kick.

### 7) Ball in/out of play

- ***Out of bounds: Coaches do not kick ball back in bounds when it goes out!***
- *Out of bounds on the side:* Throw in from where the ball went out.
- *Out of defense's end line, last touched by offense:* Goal kick with defense at half-field.
- *Out of defense's end line, last touched by defense:* corner kick with defense at least 12 yards away from ball during kick.

## 8) Throw-ins

- A second throw should be allowed if the first throw-in was not done correctly and after the coach/referee explains the correct way to throw-in.

## 9) Goal Kicks

- Opponents must stand back at half field.
- A goal can not be scored directly from the goal kick.

## 10) Free Kicks

- A goal cannot be scored from indirect kick until a second player touches the ball.
- Kicks can not be taken inside the half circle in front of goal.

## 11) Penalty Kicks

- No penalty kicks

## 12) Fouls

- All fouls should result with an indirect free kick with the opponents at least 12 yards away.
- Kicks can not be taken inside the half circle in front of goal.

## 13) No Goalies

- Both offensive and defensive players can not enter the half the circle in front of the goal.
- **Do not set a player in front of the goal. Defense must move up and down the field as the ball is moved up and down the field.**

## 14) Substituting

- **Only sub in/out after an out-of-bound, a goal kick, a score, or pre-determined time frame (every 5 minutes, etc.)**

## 1<sup>st</sup> Grade (Monarchs) Division

### 1) Ball Size: 3.

### 2) Player's Equipment

- *Footwear:* Tennis shoes or soft-cleat soccer shoes.
- *Shin guards:* Required

### 3) Players on Field

- *Number of plays per team on the field at one time:* 5 (includes goalie).

### 4) Referees

- One parent/coach from each team (two adults on the field at one time).

### 6) Duration of game

- The game shall be divided into four 12 minute periods with a five minute halftime and at least a 2 minute break between periods.
- Game must end within an hour of scheduled start time; ex. start 9 AM and ends 10AM.

### 7) Kick-off

- Opponents must be lined up 12 yards (outside center circle if provided) away from the ball on their own side of the field.
- A goal can not be scored during the initial kick.

### 8) Ball in/out of play

- *Out of bounds on the side:* Throw in from where the ball went out.
- *Out of defense's end line, last touched by offense:* Goal kick with defense at least 12 yards away from ball during kick.
- *Out of defense's end line, last touched by defense:* corner kick with defense at least 12 yards away from ball during kick.

### 9) Throw-ins

- Incorrect throw-in results in other team getting the ball after the coach/referee explains the correct way to throw-in.

### **10) Goal Kicks**

- a. Opponents must stand back at half field.
- b. A goal can not be scored directly from the goal kick.

### **11) Free Kicks**

- A goal cannot be scored from indirect kick until a second player touches the ball.

### **12) Penalty Kicks**

- No penalty kicks

### **13) Fouls**

- All fouls should result with an indirect free kick with the opponents at least 6 yards away.
- Kicks can not be taken inside the half circle in front of goal.

### **14) Goalies**

- Goalie can kick the ball anywhere on the field, but must be inside the box (penalty area/ goalie box) to touch the ball with their hands.

### **15) Substituting**

- Only sub in/out after an out-of-bound, a goal kick, a score, or pre-determined time frame (every 5 minutes, etc.)

## **2<sup>nd</sup> Grade (Cardinals) Division**

### **3) Ball Size: 4.**

### **4) Player's Equipment**

- *Footwear:* Tennis shoes or soft-cleat soccer shoes.
- *Shin guards:* Required

### **3) Players on Field**

- *Number of plays per team on the field at one time: 5 (includes goalie).*

#### **4) Referees**

- If no referees are assigned to the game, the one coach from each team on the field at one time. A coach can stand behind the goal to help the goalie.
- If referees are assigned to the game, then coaches have to stay on sideline. A coach can stand behind the goal to help the goalie.

#### **7) Duration of game**

- The game shall be divided into four 12 minute periods with a five minute halftime and at least a 2 minute break between periods.
- Game must end within an hour of scheduled start time; ex. start 9 AM and ends 10AM.

#### **7) Kick-off**

- Opponents must be lined up 12 yards (outside center circle if provided) away from the ball on their own side of the field.
- A goal can not be scored during the initial kick.

#### **8) Ball in/out of play**

- *Out of bounds on the side:* Throw in from where the ball went out.
- *Out of defense's end line, last touched by offense:* Goal kick with defense at least 12 yards away from ball during kick.
- *Out of defense's end line, last touched by defense:* corner kick with defense at least 12 yards away from ball during kick.

#### **9) Throw-ins**

- Incorrect throw-in results in other team getting the ball after the coach/referee explains the correct way to throw-in.

#### **16) Goal Kicks**

- a. Opponents must stand back at half field.
- b. A goal can not be scored directly from the goal kick.

#### **17) Free Kicks**

- A goal cannot be scored from indirect kick until a second player touches the ball.

### **18) Penalty Kicks**

- No penalty kicks

### **19) Fouls**

- All fouls should result with an indirect free kick with the opponents at least 6 yards away.

### **20) Goalies**

- Goalie can kick the ball anywhere on the field, but must be inside the box (penalty area/ goalie box) to touch the ball with their hands.

### **21) Substituting**

- Only sub in/out after an out-of-bound, a goal kick, a score, or pre-determined time frame (every 5 minutes, etc.)

## **3<sup>rd</sup> & 4th Grade (Bishops) Division**

### **5) Ball Size: 4.**

### **6) Player's Equipment**

- *Footwear:* Tennis shoes or soft-cleat soccer shoes.
- *Shin guards:* Required

### **3) Players on Field**

- *Number of plays per team on the field at one time:* 6 (includes goalie).

### **4) Referees**

- If no referees are assigned to the game, the one coach from each team on the field at one time). A coach can stand behind the goal to help the goalie.
- If referees are assigned to the game then coaches have to stay on sideline. A coach can stand behind the goal to help the goalie.

## 8) Duration of game

- The game shall be divided into four 12 minute periods with a five minute halftime and at least a 2 minute break between periods.
- Game must end within an hour of scheduled start time; ex. start 9 AM and ends 10AM.

## 7) Kick-off

- Opponents must be lined up 12 yards (outside center circle if provided) away from the ball on their own side of the field.
- A goal can not be scored during the initial kick.

## 8) Ball in/out of play

- *Out of bounds on the side*: Throw in from where the ball went out.
- *Out of defense's end line, last touched by offense*: Goal kick with defense at least 12 yards away from ball during kick.
- *Out of defense's end line, last touched by defense*: corner kick with defense at least 12 yards away from ball during kick.

## 9) Throw-ins

- Incorrect throw-in results in other team getting the ball after the coach/referee explains the correct way to throw-in.

## 22) Goal Kicks

- a. Opponents must stand back at half field.
- b. A goal can not be scored directly from the goal kick.

## 23) Free Kicks

- A goal cannot be scored from indirect kick until a second player touches the ball.

## 24) Penalty Kicks

- No penalty kicks

## 25) Fouls

- All fouls should result with an indirect free kick with the opponents at least 6 yards away.

## 26) Goalies

- Goalie can kick the ball anywhere on the field, but must be inside the box (penalty area/ goalie box) to touch the ball with their hands.

## 27) Substituting

- Only sub in/out after an out-of-bound, a goal kick, a score, or pre-determined time frame (every 5 minutes, etc.)

## 4<sup>th</sup> & 5<sup>th</sup> & 6<sup>th</sup> Grades (Kings) Division

### 7) Ball Size: 4.

### 8) Player's Equipment

- *Footwear:* Tennis shoes or soft-cleat soccer shoes.
- *Shin guards:* Required

### 3) Players on Field

- *Number of plays per team on the field at one time:* 9 (includes goalie).

### 4) Referees

- If no referees are assigned to the game, the one coach from each team on the field at one time). A coach can stand behind the goal to help the goalie.
- If referees are assigned to the game then coaches have to stay on sideline. One coach can stand behind the goal to help goalie.

### 9) Duration of game

- The game shall be divided into four 12 minute periods with a five minute halftime and at least a 2 minute break between periods.
- Game must end within an hour of scheduled start time; ex. start 9 AM and ends 10AM.

### 7) Kick-off

- Opponents must be lined up 12 yards (outside center circle if provided) away from the ball on their own side of the field.
- A goal can not be scored during the initial kick.

## **8) Ball in/out of play**

- *Out of bounds on the side:* Throw in from where the ball went out.
- *Out of defense's end line, last touched by offense:* Goal kick with defense at least 12 yards away from ball during kick.
- *Out of defense's end line, last touched by defense:* corner kick with defense at least 12 yards away from ball during kick.

## **9) Throw-ins**

- Incorrect throw-in results in other team getting the ball after the coach/referee explains the correct way to throw-in.

## **28) Goal Kicks**

- a. Opponents must stand back at half field.
- b. A goal can not be scored directly from the goal kick.

## **29) Free Kicks**

- A goal cannot be scored from indirect kick until a second player touches the ball.
- Kicks can not be taken inside the half circle in front of goal.

## **30) Penalty Kicks**

- No penalty kicks

## **31) Fouls**

- All fouls should result with an indirect free kick with the opponents at least 6 yards away.

## **32) Goalies**

- Goalie can kick the ball anywhere on the field, but must be inside the box (penalty area/ goalie box) to touch the ball with their hands.

## **33) Substituting**

- Only sub in/out after an out-of-bound, a goal kick, a score, or pre-determined time frame (every 5 minutes, etc.)